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Experience the Beauty of “Indigenous Medicine” integrated with modern science based modalities and unique sensory, emotional and psychological experiences.

## 2014 Indigenous Series – Global Healing Traditions



Date	Time	Topic	Cost
3/20/2014	6pm – 8:30pm	The Meridians, Etheric Body and Chakras	\$20
4/17/2014	6pm – 8:30pm	The Shaman’s Horse-Drum and Rattle	\$20
5/15/2014	6pm – 8:30pm	Endocrine System and Chakras, Color and Aromatherapy	\$20
6/19/2014	6pm – 8:30pm	Self Care for the Practitioner	\$20
NO CLASSES JULY AND AUGUST 2014			
Sept 13 & 14th 2014	1-5PM both days	Reiki II- Must have “Estara” Reiki I	\$200
9/18/2014	6pm – 8:30pm	Tree of Life- Cieba Tree and Chakra Tree	\$20
10/16/2014	6pm – 8:30pm	Mesoamerican Acupressure Body and Auricular	\$20
11/20/2014	6pm – 8:30pm	Watching the Skies and Learning from the Stars	\$20

***You must pre-register at [www.EstaraPrograms.com](http://www.EstaraPrograms.com)***

***Classes located at Estara Health and Wellness, Lakewood CO 80226***